

Ponies 1&2

Music and Movement Class

Teachers:

Joanna Goddard

Grade:

Ponies 1+2 (3-4 years-olds)

Number of Children in the Class:

TBD

Name and Publisher of resources we are pulling from:

Lakeshore Music and Movement Kit and CD
Preschool Aerobic Fun By Georgiana Stewart
Parachute Play by Liz and Dick Wilmes
The Carnival of the Animals by Jack Prelutsky

Description of Class:

This time will be used to help the children grow in Christian love for one another through good sportsmanship and turn taking. Each child will also have opportunities to improve their listening skills, coordination, self-control, and the beginnings music appreciation.

The first half of every class will involve warm up exercises, calisthenics, dancing, and passing/turn taking

The second half of each class will be spent in a specific teacher activity to go along with the animal that we read about (And danced and moved to) in the Carnival of the Animals book

Class 1

Have all children sit in a circle on the floor

Begin with prayer thanking God for each individual child

Sing "Oh Here We are Together" inserting each child's name

Stand up for stretching and warm up exercises

Sing and do movements to:

Wake Up, Warm Up from Preschool Aerobic Fun CD (#1)

Hot Diggity from Preschool Aerobic Fun CD (#2)

Movin' Every Day from Preschool Aerobic Fun CD (#3)

Chug Along Choo Choo' from Preschool Aerobic Fun CD (#6)

Animal – Lion

- Listen to the section about the lion in Carnimval of the Animals
- Act like lions as we listen to the music
- Make lion crafts

Class 2

Have all children sit in a circle on the floor

Begin with prayer thanking God for each individual child

Sing "Oh Here We are Together" inserting each child's name

Sing and do movements to:

Finger Poppin' from Preschool Aerobic Fun CD (#4)

BBB Bounce Your Knee from Preschool Aerobic Fun CD (#5)

Run Run Run In Place from Preschool Aerobic Fun CD (#7)

Bunny Hop from Preschool Aerobic Fun CD (#13)

Animal – Roosters and Hens and Birds

- Listen to the section about Roosters and Hens
- Act like chickens as we listen to the music
- Make chicken craft

Class 3

Have all children sit in a circle on the floor

Begin with prayer thanking God for each individual child

Sing "Oh Here We are Together" inserting each child's name

Stretching and warm up activities

Sing and do movements to:

Good Morning One and All from Lakeshore Music Kit (#11)

Let's all Have a Turn from Lakeshore Music Kit (#5)

Clap Stomp and Wiggle (#6)

Clap your Hands and Stomp Your Feet Lakeshore Music Kit (#10)

Animal – Fossils

- Listen to the section about Fossils
- Act like Dinosaurs as we listen to the music
- Make Dinosaur craft

Class 4

Have all children sit in a circle on the floor

Begin with prayer thanking God for each individual child

Sing "Oh Here We are Together" inserting each child's name

Stretching and warm up activities

Sing and do movements to:

Good Morning One and All from Lakeshore Music Kit (#11)

Let's all Have a Turn from Lakeshore Music Kit (#11)

Silly Song from Lakeshore Music Kit (#2)

Twirl Around from Lakeshore Music Kit (#12)

Animal – Elephants

- Listen to the section about Elephants
- Act like elephants as we listen to the music
- Make chicken craft

Class 5

Have all children sit in a circle on the floor

Begin with prayer thanking God for each individual child

Sing "Oh Here We are Together" Inserting each child's name

Stretching and warm up activities

Sing and do movements to:

Wake Up, Warm Up from Preschool Aerobic Fun CD (#1)

Hot Diggity from Preschool Aerobic Fun CD (#2)

Movin' Every Day from Preschool Aerobic Fun CD (#3)

Chug Along Choo Choo' from Preschool Aerobic Fun CD (#6)

Animal – Tortoise

- Listen to the section about the tortoise
- Act like tortoises as we listen to the music
- Make a tortoise craft

Class 6

Have all children sit in a circle on the floor

Begin with prayer thanking God for each individual child

Sing "Oh Here We are Together" inserting each child's name

Sing and do movements to

Finger Poppin' from Preschool Aerobic Fun CD (#4)

BBB Bounce Your Knee from Preschool Aerobic Fun CD (#5)

Run Run Run In Place from Preschool Aerobic Fun CD (#7)

Bunny Hop from Preschool Aerobic Fun CD (#13)

Animal – Donkey

- Listen to the section about Donkey's
- Act like a donkey as we listen to the music
- Make a donkey craft